



Washington State Society for
Clinical Social Work
Identity • Integrity • Diversity

July 18, 2019 Board Meeting

Present: Sue Moreland, Lara Okoloko, Ross Artwohl, Katie Levy, Nathaniel Amos, Chris Garrido-Philp, Salomé Valencia-Bohné, Aimee Roos (ex-officio), Justin Lerner (visiting), Nidhi Berry

Absent: Melissa Wood Brewster, Julia Kocian, Denise Malm

Introductions and Welcome to New Board Members:

- Lara had us show our alternate careers if we were not social workers via charades
- Welcome to Justin, who's checking out the board to possibly join us!

Treasurer Review of Budget (Sue)

- exploration of who reads treasurer reports, and what info they're looking for
- HANDOUT: Budget v. Actuals
- Note on membership numbers: we are never at our budgeted forecast of members at the end of membership drives

Upcoming Activities for the Year (Katie and Lara)

- Katie proposed possible collaboration with organization Safe Crossings doing a conference (Northwest Conference on Childhood Grief) in March 2020 on pediatric grief and loss - org wants outreach assistance from us. They have a goal of 200 attendees. Katie will get more information about the specifics of their ask and what they would provide to us, and will email this out to us.
- Katie proposed collaboration with Social Work Leadership in Healthcare board on a CEU event in eastern WA. Katie will get more info and get back to us.
- Timeline of this year's events:
 - clinical evenings:
 - 9/4/19 at SSW: Heather Lowrey is presenting on intimate process addiction (money, food, and sex)
 - 10/xx/19 (xx means final date is TBA): Ellen Slater is presenting in South Seattle on ACT, specifically the acceptance piece, along with one specific skill
 - 3/xx/20: Steve Wilson is presenting in Olympia, topic TBA, likely to be something on trauma and social justice, possibly on a Saturday
 - clinical evenings needed: 11/xx/19 and 2/xx/20 presentations, along with an ethics presentation, likely in April 2020
 - Katie would like ideas for speakers (Marsha Linehan, Eric Strom were mentioned) and ideas for locations
 - membership renewal:
 - 8/15/2019: first membership renewal email blast
 - 8/15-10/1/2020: official renewal period

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- 9/1/19: reminder to folks who haven't renewed, with reminders every two weeks following
- 10/1/19: renewal deadline, at which point they're dropped off website and listserv and a \$10 fee is applied to all late renewals
- finances:
 - 2/xx/20: committee budget numbers due (at board meeting)
 - 3/xx/20: tentative budget due (at board meeting)
 - 5/xx/20: final budget vote (at board meeting)
- 9/1/19: impact letter is sent out
- 9/xx/19: Treasurer-elect starts duties
- 9/xx/19: mentorship groups start
- 12/xx/19: Associates committee study groups begin
- 1/xx/20: Nathaniel becomes president!
- 1/xx/20: annual board retreat

Sponsors Line-Up

- These have all said yes to sponsoring at least one event:
 - Edgewood Outpatient SUD (Seattle)
 - Recovery Ways MH + SUD inpatient (Utah)
 - Hazelden-Betty Ford SUD outpatient (Bellevue)
- Lara will share with us one of the emails she sent to a potential sponsor to give us some scripts. She will also upload to Dropbox a grid with all the outreach she's already done.
- a minimum of 6 sponsorships needed (1 per the 5 clinical evenings, and 1 for the ½ day ethics CEU) at \$300 each... if we can get 2 per evening, that would be a bonus
- BOARD GOAL: Every board member will reach out to at least one sponsor prior to the next board meeting. If someone's interested, put them in touch with Amy. We want them to get lined up before 9/1 so we can get the info out to members.

Impact Letter

- to be sent out 9/1/19 to members
- Salomé looking into possibility of sending out to Department of Health contacts - either via email or mail, depending on cost
- letter to DoH contacts does not need to go out by end of membership drive, since they are not members
- must plan design of letter carefully to ensure it is opened by recipients, if sent via physical mail
- Salomé looking into getting demographics of DoH contacts in addition to contact info, to help make determination on physical mailer v. email

Exploration of Updates to Policies and Practices (Ross, Lara, Nidhi)

- Ross spoke with his committee about expectations for committee members and how they represent themselves - when do you represent the org, and when do you represent



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yourself as an individual? A request was made by Ethics committee members to add text to the bylaws to make this rule clear.

- Should we have some kind of language for people who volunteer with us about expectations? I.e. no advantage to be given to volunteers for their volunteer work, along the lines of: "A service position does not come with any specific benefits."
- To consider in future action steps:
 - Reminder to listserve about rules of engagement
 - A member suggested WSSCSW reach out to an east coast org also managing a listserve to get updates to our rules and regulations for the Listserve
 - Create an outline of board values
 - Create a document that states volunteer expectations / benefits
 - Consider using Social Work Code of Ethics in any future drafting
- How do we clarify going forward the expectations of volunteers, how do we stipulate that there are no benefits granted to volunteers, and what do we do about racism that happens on our communication platforms?
- Conclusion of conversation: a subcommittee was created consisting of Ross, Lara, Nathaniel, Nidhi. Currently, subcommittee goals are to discuss: 1. creating an addition to Listserv policy, 2. creating a document outlining volunteer expectations, 3. adding these to bylaws, 4. creating a board-level response to recent incident, 5. how to help the community healing process.

Next full board meeting: Thursday September 19, 2019 7-9pm at the UW School of Social Work.

Next Exec meeting (President, Past President / President-Elect, Secretary, Treasurer): virtually, one weekend in August, TBA

Respectfully submitted,
Nidhi Berry