



**FALL  
2007**

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PRESIDENT'S MESSAGE

**At the beginning of a curve**

BY MARIANNE PETERSEN

**T**he Society is a vital organization that strives to be responsive to and reflective of the community of clinical social workers in our state. Our work within the legislative, educational, and membership arenas has been an effort to respond to the needs of our clinical community. Recently the board has set its sights on understanding and addressing the lack of diversity within our membership. We are currently seeking training for ourselves as a board and for committee members as a way to further the process. The purpose is to educate and immerse ourselves in issues of racism, oppression, and multiculturalism. I feel there is so much to gain by beginning in this way.

As professionals in our multicultural society, it is vital that we actively seek to understand the ways multiple cultures view mental health, especially healing from trauma, both within our country and internationally. We miss so much when we are not aware of the values, methods, and elements of healing and views of the help-

ing relationship that are present in non-white European cultures. These values, methods, and views vary widely from European ones in which the one-on-one "in privacy" method of healing is the norm. A recent experience of mine got me thinking a lot more about this.

A month ago, we had a weekend houseguest—an elder in the Nez Perce tribe who my husband had met at a retreat. I was delighted to talk with him as we sat down to breakfast on a Saturday morning. I listened as he talked about the work he did—traveling around the Northwest meeting with Native American veterans who are struggling with PTSD. He told some stories from his life that included his two tours in Vietnam

and stories from his difficult return from the war to his wife and children.

Steve, in his work as an "interpreter" as he is called in his culture, begins his work by telling his story. He referred to it as "speaking from the heart." In traditional Native

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**Society  
presentations will  
reflect greater  
attention to  
multiculturalism,  
racism, and  
oppression.**

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# WSSCSW

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The Washington State Society for Clinical Social Work was established in 1973 and incorporated in 1988 as a 501(c)(6) to promote and advance specialization of clinical practice within the social work profession. It is an organization of clinical social workers practicing in a variety of settings including mental health clinics, family service agencies, hospitals and medical clinics, and private practice in the state of Washington. Its members span the professional life cycle from students and new professionals to mid-range, seasoned, and retired clinicians.

WSSCSW offers its members continuing educational opportunities, legislative advocacy including lobbying, network and professional growth opportunities and special programs for new professionals.

WSSCSW is a nonprofit tax-exempt professional organization with a board of directors composed of officers elected by the membership and chairpersons of the various committees. It is affiliated with the Clinical Social Work Association, which represents clinical social workers on the national level and actively works with them to represent local as well as national concerns.

## PRESIDENT'S LETTER

continued from front page

American culture, the healing relationship begins with personal disclosure on the part of the interpreter. It is part of creating a safe environment within the dyad or group setting. Speaking from the heart is meant to establish the sense that "I have lived through pain and suffering and your story is safe with me. I can understand your story, we can explore it together and you too can be safe to speak from the heart." Another belief is that individuals are healed by the group. In times past, in some tribes, warriors returned from war and were immersed in rituals of healing by the entire tribe. Perhaps the stigma for our "wounded warriors" would be far less if our culture recognized all of them as in need of guidance for a healing transition from the role of warrior back into civilian life. Additionally, "speaking from the heart" manifests through the whole body as interpreters and wounded stand, walk, move, gesture, cry, and laugh together in fully embodied experiences. Trauma healing is understood as spiritual work from beginning to end.

During the following week, I thought a lot about the differences between Steve's description of his work and the western euro-centrally informed work embraced by many clinical social

workers. In contrast to the Nez Perce traditions, the western culture's healing process is often highly private, confidential, primarily experienced as one-to-one talk while sitting together where the level of personal disclosure by the therapist ranges from very limited to none.

This western European method of practice is very different from the way many cultures of the world engage in healing. My reflections are not meant in criticism of our western theories of practice but instead as an expression of my curiosity to explore and consider other possibilities for healing as well as to consider how my cultural experiences might keep me from truly understanding a client's experience. I feel I'm at the beginning of a very long learning curve.

I am hoping as we begin to recognize and explore these issues within the organization, that Society presentations, speakers and the ways we engage with each other will begin to reflect greater attention to issues of multiculturalism, racism, and oppression. I anticipate these endeavors will be of great benefit to ourselves as clinicians and more importantly to the clients with whom we work.

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Check us out online:  
**WSSCSW.org**

## Dinner meetings: An overview and an invitation

BY SHIRLEY BONNEY, PROFESSIONAL DEVELOPMENT CHAIR

For several years, the dinner meeting presentations have been planned around a theme. This year we decided on a more eclectic selection. Trauma and its methods of treatment including alternative ones are well represented. A focus on the treatment of anxiety from a variety of approaches will finish up our year at the end of April. We hope you find the topics as interesting as did those of us on the Professional Development Committee.

All dinner meetings will include case material to enliven the theoretical concepts presented. The opportunity to dialogue with fellow clinicians in an intimate group has always been one of the special traditions of the Society, and this year is rich with such opportunity.

Please see the information online ([wsscsw.org](http://wsscsw.org)) about dinner meetings including cost and locations. As a member, you will receive a sign-up flyer about each meeting a month prior. Please note that the first dinner meeting is at Seattle University.

### Wednesday, October 10, dinner meeting

- "Trauma Recovery: Body, Mind, and Spiritual Approaches"
- Charles Thompson, MD
- Seattle University

### Tuesday, November 13, dinner meeting

- "Managing Parental Projections during the Trauma of Divorce"

- Beverly Taminini, LICSW, and Inda Drake, LICSW
- UW School of Social Work

### Tuesday, January 15, 2008 — Special Session dinner meeting

- "Working with Adult Survivors of Childhood Sexual Abuse"
- Janice Palm, LMHC, director of Shepard's Counseling Services; Marc Gilmartin, LMHC; Randy Mariñez, LMHC
- UW School of Social Work

### Tuesday, February 26, dinner meeting

- "Therapy with the Borderline Client: Projective Identification and Right Brain to Right Brain Communication"
- Trip Quillman, LICSW
- Bellefield Office Center

### Wednesday, April 30, 2008, dinner meeting

- "Perspectives on Varied Approaches to Treating Anxiety"
- Michele Pomarico, LICSW, and Caron Harrang, LICSW
- UW School of Social Work

The Spring Clinical Conference planning is in the works and you will receive information by November! ♦

## Correction

The article entitled "Mentorship group ends after a successful year and a half" in the summer issue was mistakenly attributed to Mary Kay Brennan. In fact it was written by Jacqui Metzger. Our apologies to Jacqui. ♦

**For further  
information on  
dinner meetings  
including costs and  
dinner possibilities  
please see our  
website:**

**[wsscsw.org](http://wsscsw.org)**

*Perhaps a brighter vision of  
our future can be inspired  
by a better understanding of  
our recent past.*

— Andrew Young, 1996

# calendar

## OCTOBER 2007

**Tuesdays: October 9, 16, 23, 30;  
November 6, 13, 27; December 4**

- "Deepening the Treatment"
- Diane Zerbe, LICSW (Short Course)

**Wednesday, October 10**

- Dinner meeting: "Trauma Recovery: Body, Mind & Spiritual Approaches"
- Charles Thompson, MD
- Seattle University

**Friday, October 19, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

## NOVEMBER 2007

**Friday, November 2**

- New professionals dinner
- UW Faculty Club

**Tuesday, November 13**

- Dinner meeting: "Managing Parental Projections during the Trauma of Divorce"
- Beverly Taminini, LICSW;  
Inda Drake, LICSW
- UW School of Social work

**Friday, November 16, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

## DECEMBER 2007

**Friday, December 21, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

## JANUARY 2008

**Monday, January 14**

- WA State legislative session begins

**Tuesday, January 15**

- Special Session dinner meeting:
- "Working with Adult Survivors of Childhood Sexual Abuse"
- Janice Palm, LICSW;  
Marc Gilmartin, LICSW
- UW School of Social Work

**Wednesdays: January 18, 30;  
February 13, 27; March 12**

- "Supervision For Beginners"
- Bill Etnyre, PhD, LICSW (Short Course)

**Friday, January 18, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

**Thursday, January 31**

- Deadline for UW Student
- Scholarship award

## FEBRUARY 2008

**Tuesdays: February 12, 26;  
March 11, 28**

- "Starting Your Own Private Practice"
- Shirley Bonney, LICSW; Karen Hansen,  
LICSW (Short Course)

**Friday, February 15, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

**Saturdays: February 16, 23**

- "Somatic Transformation"
- Sharon A. Stanley, PhD (Short Course)

**Tuesday, February 26**

- Dinner meeting: "Therapy with the Borderline Client: Projective Identification and Right Brain to Right Brain Communication"
- Trip Quillman, LICSW
- Bellefield Office Center

## MARCH 2008

**Friday, March 21, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

**Sunday, March 16**

- Legislation session ends

## APRIL 2008

**Thursday, April 25**

- Volunteer appreciation dinner

**Friday, April 18, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

**Wednesday, April 30**

- Dinner meeting: "Perspectives on Varied Approaches to Treating Anxiety"
- Michele Pomarico, LICSW;  
Caron Harrang, LICSW
- UW School of Social Work

**Wednesday, April 30**

- Deadline for the Outstanding Student Paper Award

## MAY 2008

**Friday, May 16, 12 – 2 pm**

- WSSCSW board meeting
- Hawthorne Hills Professional Center

## JUNE 2008

### Thursday, June 19

- Annual party of the membership

### Friday, June 20, 12 – 2 pm

- WSSCSW board meeting
- Hawthorne Hills Professional Center

## JULY 2008

### Friday, July 18, 12 – 2 pm

- WSSCSW board meeting
- Hawthorne Hills Professional Center

## AUGUST 2008

### Early August

- Membership renewal

### Friday, August 15, 12 – 2 pm

- WSSCSW board meeting
- Hawthorne Hills Professional Center

## SEPTEMBER 2008

### Monday, September 15

- Membership renewal deadline

### Friday, September 19, 12 – 2 pm

- WSSCSW board meeting
- Hawthorne Hills Professional Center



# KUDOS

## Members recognize members

COMPILED BY MARY ASHWORTH, NEWSLETTER EDITOR

### Mary Kay Brennen and Jacqui Metzger

Cathy Davis writes:

“Our peer consult group was immeasurably helpful in bridging the divide from graduate student to new professional for me. I am grateful for the time and care that Mary Kay (Brennen) and Jacqui (Metzger) took to honor the process of transition for all of us. They helped model how to respectfully share our experiences, allowing for the different timing and tracks we were on while staying focused on topics that were pertinent to each group member.

As brand new clinical social workers we are faced with challenges, questions, and feelings that can best be understood by peers in the same boat. This group provided a safe and lively place to share our experiences and learn from one another.”

### Eric Huffman

Carolyn Sharp sends:

“Kudos to Eric Huffman for his incredible diligence and care in our membership drive which keeps the Society thriving!”

**WSSCSW Newsletter** is mailed quarterly to members of WSSCSW. Deadline for the next newsletter is **Dec. 1, 2007**. Articles should be emailed to Mary Ashworth at [mary.ashworth@att.net](mailto:mary.ashworth@att.net). For advertising rates see page 11. Newsletter design: Dennis Martin Design, 206-363-4500.

Articles expressing the personal views of members on issues affecting the social work profession are welcome and will be published at the discretion of the editor and WSSCSW board. Articles reflect the views of authors and Society endorsement is not intended.

## Kudos, corrections, and new members

BY ERIC G. HUFFMAN

Somehow I can hear Dorothy in the *Wizard of Oz* saying, “Kudos, corrections, new members ... oh my!” Actually I can hear myself saying that. Let’s start with kudos. Kudos to the 155 members who have renewed so far. By so far, I mean the day I’m writing this, September 19, 2007. I will have full details on the renewal drive in the next newsletter; renewals are still coming in. Kudos to everyone who phoned a friend to remind them to renew. Kudos to the scores of members who made lobbying contributions (stay tuned for details). Kudos to everyone who put up with my whimsical (now there’s a euphemism) emails reminding everyone to renew. And personal kudos to the members who enclosed notes of encouragement, knowing I was warding off paper cuts and balancing stacks of renewal envelopes and checks.

That is a good segue to corrections. It is the personal notes that are fun but also helpful. I was made aware of two errors in my last column. I now understand that membership in the Society does not include the 1-800 number for Managed Care/Forensic Hotline. That error was a hold over in our literature that carried over to my column. That 1-800 number is a benefit of membership in our national orga-

nization, the Clinical Social Work Association (CSWA). I also suggested that supporting the Society contributes to lobbying on the national level; it does not. I was accidentally playing fast and loose with all the hats that our legislative consultant, Laura Groshong wears (and she’s only got one head). While Laura is active on the national level as well as locally, her national efforts are again supported by our national organization the Clinical Social Work Association. I very much appreciate a member catching these slips because it gives me a chance to encourage everyone to support the CSWA.

And now for new members!

### Welcome to new members

#### Robin C. Adler

Robin received her MSW from the University of Washington in 2000. She has a private practice in Ballard and is also the director of Mind Body Medicine at the Seattle Cancer Treatment and Wellness Center. Robin is interested in joining the Washington State Society for Clinical Social Work for the clinical educational offerings and the opportunity to network with other therapists. She is a member of the Association of Oncology Social Workers, Oncology Social Work Network, and NASW. Robin holds the LICSW in Washington State.

#### Dawn Dickson

Dawn earned her MSW at the University of Washington in 1993. She works at the Providence Regional Cancer Partnership as an oncology social worker. Dawn has worked in medical social work for several years and had a private practice for a number of years. She is interested in the Washington State Society for Clinical Social Work as a means to deepen and refine her practice. She also would like to obtain new and interesting options for continuing education. She is a member of the Association of Oncology Social Workers and is working toward licensure.

#### Catherine N. Hayashi

Catherine earned her MSW at the University of Hawaii in 1991. She maintains a private practice in Seattle. She is the past program director for Catholic Community Services. She is a member of NASW and holds the LICSW in Washington State.

#### Jilleen Jarrett

Jilleen earned her MSW from the University of Washington this year. She is the Washington State Society for Clinical Social Work Student Clinical Paper Award winner for the University of Washington Seattle. Her hopes from her membership include having the chance to meet other social workers with a clinical interest and to continue her professional growth through new learning opportunities. She is currently

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employed by the Department of Children and Family Services, Children's Administration.

**William C. Krutch**

William earned his MSW at the University of Washington in 1999. He has a private practice in Poulsbo, WA. His primary interest in joining the Washington State Society for Clinical Social Work is to belong to a group that actively supports clinical social work in Washington. In his private practice he is surrounded by psychologists and MDs and would like the opportunity to meet other social workers who have a strong interest in clinical work. He is a member of NASW and holds the LICSW in Washington State.

**Gretchen Langmaid**

Gretchen earned her MSW from the University of Washington in 2006. Gretchen first learned of the WSSCSW during her first year of graduate school at UW when a representative came to the school to explain what the Society had to offer students and new professionals. Gretchen went on to join a WSSCSW mentorship group with Mary Kay Brennan and Jacqui Metzger. Gretchen says that WSSCSW provides services specifically for new professionals which is something that no other professional organization is currently providing. She adds that she appreciates the breadth

and depth of experience of current Society members. She is employed at Amara Parenting and Adoption Services as a foster care and adoption specialist. Gretchen is a member of NASW and the Society for Social Work Leadership in Health Care.

**Rebecca Perbix Mallos**

Rebecca earned her MSW at the University of Washington in 1990. She has maintained a private practice in Kirkland since 1996. Rebecca became interested in the Washington State Society for Clinical Social Work after attending a workshop. She is a member of NASW and holds the LICSW in Washington State.

**Roger Scheel**

Roger earned his MSW at the University of Washington in 2006 and his BASW in 2005. In addition to his MSW, Roger is a chemical dependency professional. He is the chemical dependency coordinator for Fairfax Hospital. Roger is hoping to gain mentorship and supervision toward his LICSW. In addition to obtaining education in his clinical work, he hopes to maintain active participation in system change through policy work. Roger is a member and a past board member of NASW. ♦

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*Race is the least reliable information you can have about someone. It's real information, but it tells you next to nothing.*

— Toni Morrison, 1998

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*Racism is so universal in this country, so widespread and deep-seated, that it is invisible because it is so normal.*

— Shirley Chisholm, 1970





## We would like you to meet ...

COMPILED BY MARY ASHWORTH, NEWSLETTER EDITOR

Over the last two months we have added five new faces to the Clinical Society board! Wow! We welcome them all and are grateful for their willingness to contribute to the Society. Each has written a short introduction of themselves which I have included below.

### **Ethics chair**

Deborah Wooley writes: I'm a Seattle native and attended the University of Washington more years than anyone could imagine. My first graduate degree was in comparative literature; I taught writing and literature and worked in university administration at the UW, then taught and set up a writing-across-the-curriculum program at Oglethorpe University in Atlanta. In 1988 I decided to leave teaching, went trekking in Nepal for three months, and began a career change.

This change began with working at Eastside Domestic Violence, the Center for the Prevention of Sexual and Domestic Violence, and the UW Parenting Clinic. I returned to school at the UW School of Social Work while parenting two children and working at the Casey Family Program. Upon earning my MSW in 1998, I opened my private practice and took a faculty position at North Seattle Community College teaching parent education. A year ago, I left the parent education job to expand my private practice.

My interest in WSSCSW evolved from feeling a need for colleagues beyond what consultation groups provide. Out of the three professional groups I "tried out" last year, WSSCSW felt like the best fit for me. Eric Huffman, a buddy from social work school, recruited me for the board, and I happily volunteered for the Ethics Committee, whose mission connects with my longstanding interest in issues of boundaries, power dynamics, and the potential for harm in the "helping" professions. These are issues on which I worked while on staff at the UW Provost's Office and as a writer with the Center for the Prevention of Sexual and Domestic Violence producing curriculum for the Catholic Archdiocese. In the coming months I will be learning more about the needs of members regarding the ethical issues faced in their practice and hope, along with an Ethics Committee, to create a useful forum for learning and discussion on these topics. I welcome contact with members who have thoughts and experiences to share in this arena.

### **Secretary**

Lyla Ross writes: I am a social worker with over eleven years of both clinical and field social work experience. I am an alumnus of the University of Washington, earning both my BA and MSW degrees there. My range of social work experience includes crisis respite work in adult mental health, family preservation services, in-home independent skills

training in England, medical social work, youth employment training with high-risk youth on juvenile probation, and research coordination for a federally funded study of over five hundred couples. Currently, I work as a multi-systemic treatment therapist for Seattle Children's Home and am working towards state licensure to establish a private practice.

My interest in the Society grew out of a curiosity to find colleagues who have the same passion for interaction with others in a therapeutic setting and it seems the fit is just right! As the only new professional on the board, I am delighted to bring a voice to this ever-expanding group in the Society and welcome any questions or comments regarding this topic.

### **Treasurer**

Carolyn Sharp writes: Before starting my private practice, I was the clinical director of the YMCA, supervising all the mental health programs there. I now see children, adolescents, and adults, with specific specialties in anxiety, attachment disorder, childhood behavioral problems, family dysfunction, and grief/loss. I also have a passion for providing supervision to new professionals and on giving trainings to local social service agencies to increase support to their staff. On the board I am looking forward to supporting the development of educational opportunities and politi-



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cal advocacy. I also plan on bringing irreverence to the budgeting process to mask my ineptitude in money and computer skills!

#### **Public Relations and Marketing chair**

Diane Gris -Crismani writes: I have been a practicing social worker for almost 25 years, having graduated in March of 1983 from the University of Washington. I cut my teeth in medical and psychiatric work for ten years in various settings: Harborview’s Emergency Trauma Center, Group Health ER, and Group Health Mental Health before pursuing the solitary life of a private practitioner. Feeling a need for more intensive training I also graduated from the Seattle Psychoanalytic Society and Institute as an analyst, where I am a member of the faculty and continue to study child and adolescent development. I am particularly interested in working with difficult and challenging parents. Social by nature and nurture I love the collegial aspects of being part of a larger system or group. I hope that working as the Clinical Society board member, responsible for public relations and marketing, I will be in my element.

#### **Communications chair**

Sara Slater writes: Over the past 17-ish years, I have been a geographic tumbleweed (New York, Baltimore, Austin, Seattle, Boston, Seattle) and a career changer (advertising copywriter to social worker — try explain-

ing *that* in a grad school admissions essay!), stretching grad school over many years, two states, and several full-time jobs. I have been a domestic violence advocate, program director, and community advocate and wrestled with the differing politics of nonprofits, major medical centers, and South King County. I have coached parents in teen suicide intervention, provided counseling to hospital patients and employees, and provided the behavioral change component in a multi-disciplinary metabolic disorders management program. I am currently, and happily, in private practice, with a keen interest in disordered eating, obesity and weight loss, and nutrition, exercise, and sleep (just a few of things that show up in anxiety, adjustment disorders, and depression). I particularly enjoy supporting adults and adolescents in making healthy changes in their life which positively impact their emotional well being. I also love the power of groups in that process.

My first introduction to WSSCSW was as a new-ish professional, when I served on the fledgling new professional committee. I was impressed by the efforts of the Society to broaden membership and relevancy of the organization to those of us just flapping our wings, and I found colleagues who continue to mentor and inspire. I learned the hard way how invaluable a clinical “home” is when I let my membership lapse; private practice hours may make dinner meetings a challenge, but

I have discovered there are many ways I benefit from being part of this group, from our presence in the legislature to the camaraderie felt in meetings and even in email idea exchanges

I am honored to be a new board member, and in the just-as-new role of communications chair. I have much to learn but suspect this position will bring together the two halves of my professional life: facilitating communication across committees and outside of the organization. I am open to input and grateful for the support I have received so far. I look forward to supporting this organization in its own professional growth. ♦

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*As long as hope remains  
and meaning is preserved,  
the possibility of overcoming  
oppression stays alive.*

— Cornel West, 1993

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## Results of the Registered Counselor Work Group

BY LAURA GROSHONG, WSSCSW LEGISLATIVE CHAIR

Over the course of July, August, and September, I attended six seven-hour meetings of the Registered Counselor Work Group to try to develop a reorganization of the registered counselor category. As most of you know, this category, which has existed for twenty years, has never required any clinical education, supervision, experience, or training and includes over 18,000 registrants. There was a previous attempt to reorganize or eliminate this group in the summer of 2006 through the Registered Counselor Task Force. This year's effort was much more formal and supported with a \$147,000 provision by the legislature.

You may recall that there was a bill last year which would have eliminated the category of independent registered counselor. SHB 1993 passed the House but failed in the Senate due to an intense campaign by many registered counselors. They convinced several senators that they were being "put out of work" by the bill, which would have required a licensure in a mental health field for registered counselors to continue practicing independently. In spite of the enormous support for this bill in the House (96-2) it was not supported in the Senate. This meant in political terms, unfortunately, we were back to square one as if the legislative effort had not occurred.

As hard as the RCWG was, we were able to get much more information about who the registered counselors are, information which had never before been collected. There

are about 14000-15000 RCs who work in agencies, about 5000-6000 of whom are working toward licensure. About 2500-3000 RCs are in some kind of private practice (the majority part time) and about half the RCs in private practice have a master's degree in a mental health field. Therefore, about 1200-1500 RCs do not have a master's degree and are in some kind of private practice.

The members of the RCWG generally agreed that candidates accumulating experience and supervised hours towards licensure should be given a new title and placed in the licensure statute which they are working toward. This recommendation will be made to the 2008 legislative session and will be a great step for our new professionals! By next year you should be licensed clinical social worker associates and part of RCW 18.225.

The recommendation for the rest of the current registered counselor category working in agencies—about 9000—will be that they also be given a new title, i.e., registered agency-affiliated counselors.

The hardest category to define was the registered counselors who are in private practice. Almost all Society members know someone who is a registered counselor in private practice who is a competent clinician. The problem is that because standards have been non-existent, there are many RCs in private practice who are causing harm and undermining the clinical standards clinical social workers, along with the other five licensed mental health

groups, worked so hard to establish. Some RCs don't want to go through the arduous process of getting licensed, even though they have met most of the requirements. Some are using the category as a way to make a buck without knowing what they are doing. Others are trained in "alternative" methods and don't see themselves as working in the medical model or having any desire to do so.

It is this last group of RCs in private practice that the RCWG addressed in developing recommendations. Unfortunately the RCWG could not achieve agreement about a title for this group and four will be put forward to the legislature who will make the final decision. In addition, the RCWG will recommend to the legislature that the following requirements be established for RCs who want to remain in private practice:

- The recommended new scope of practice will be: The practice of [new title for current registered counselors practicing independently, hereafter NT] in these categories shall be limited to the appropriate screening of each client's mental condition based on a review of client information. Recognition of a mental disorder in a client requires that the [NT] recommend that the client seek a diagnosis and treatment from an appropriate mental health professional. [NTs] may provide counseling and guiding clients in

adjusting to life situations, developing new skills, and making desired changes, in accordance with the theories and techniques of a specific counseling method and established practice standards.

- The [NT] will have the following item in their disclosure statement: “As a [NT], I am not credentialed to diagnose or treat mental disorders, or to conduct psychotherapy.”
- The [NT] will have a written agreement with a licensed mental health professional who will consult with the [NT] on whether a mental disorder is present in all new and ongoing clients and whether there is cause for referral to a mental health professional.
- The [NT] will be supervised by a licensed mental health professional, or a [NT] with experience and supervision requirements for [NT] to be determined by Department of Health (DOH), with one supervision hour for every two hundred clinical hours.
- All [NT] will have to develop a knowledge base in risk assessment, ethics, relevant Washington law, and the elements which make up an appropriate screening and referral process.
- All [NTs] will be required to have a baccalaureate degree or its equivalency by acquiring an associate arts degree, plus having a supervised experience/internship, with equivalency requirements to be determined by DOH.
- All [NTs] will be required to obtain thirty-six hours of continuing education, including six hours in ethics and law, every two years. ♦

## NEW PROFESSIONALS

# Benefits available to WSSCSW's new professionals

BY CARRIE SMITH

**O**n behalf of the New Professional Committee, we welcome back all returning new professional members, and welcome all new professionals who are joining WSSCSW for the first time!

We want all of you to be aware of the benefits of your WSSCSW membership.

WSSCSW offers mentorship groups, available to all second-year MSW students at the UWA School of Social Work and to new professional members. Besides the groups that are currently ongoing, a new group will be starting soon facilitated by members Lynn Garvey and Bridget Aldaraca. Mentoring in the group setting involves support, information, access to professionals, and an arena in which you can explore your identities as clinical social workers.

Another benefit of membership is individual mentoring. We have a list of members who have volunteered to provide individual mentoring to the new professional member. The focus is to help with questions about job search, licensure, supervision, fur-

ther training, WSSCSW benefits and involvement, and other questions the new member may have.

The WSSCSW New Professional Committee has a referral list of individual members, who are offering clinical supervision to the new professional member. The clinical supervision is provided by Washington State approved supervisors in either individual or group settings and on a sliding fee scale basis.

The other benefit of your membership we want you to know about is that the New Professional Committee has a confidential referral list of individual members who are offering sliding fee scale individual psychotherapy to the new professional member.

To obtain information on any of these new professional member benefits, please contact Karen Hansen, LICSW, New Professional Committee chair, 206-789-3878, [karenhansenmsw@gmail.com](mailto:karenhansenmsw@gmail.com), or Carrie Smith, LICSW, New Professional Committee member, 206-329-4763, [csv3@mindspring.com](mailto:csv3@mindspring.com). ♦

## Have you moved?

Please let us know your new address. Email your name and address to: [aimeeroos@yahoo.com](mailto:aimeeroos@yahoo.com)



**Washington State Society for Clinical Social Work**

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Seattle, WA 98115-1222

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**Shoreline office** w/large private window. Share wireless internet, ba, kitchen, waiting room, fax. \$725 per month, lease. Contact Dr. Becker, 206-542-6670 ext-1.

**Case manager/counselor** full time to provide crisis intervention, therapy, and case management for up to six runaway/homeless boys ages 11-17 and their families. Redmond/Kenmore area. LICSW supervision provided. Details at [www.friendsofyouth.org](http://www.friendsofyouth.org). Résumé and cover letter to: Alex Myrick, [alex@friendsofyouth.org](mailto:alex@friendsofyouth.org), or mail to: 16225 NE 87th St, Ste A-6 Redmond, WA 98052-3536.

**The American Psychoanalytic Association** (ApsaA) provides a fellowship to promising future leaders in the fields of psychiatry, psychology, social work, and academia. Fellows need not be planning to become analysts. Fellows are provided mentors, expenses paid to two national meetings of the APsaA, books and journal subscriptions, and the opportunity to present work to a national audience and to participate in a highly stimulating multi-disciplinary peer group. For an application, write APsaA, 309 E 49th St., NY, NY 10017; or download at [www.apsa.org](http://www.apsa.org); or phone 212-593-0570, ext-12. Deadline is Feb. 12, 2008.

**Three offices for rent** in professional building located in Capitol Hill on corner of 14th and Denny. Two offices are approximately 130 square feet and the third is approximately 240 square feet. Smaller offices are \$500/month and the larger is \$1000/month. Occupants will also share expense of office staff. Building has shared waiting area and kitchenette. Rental includes janitorial services and utilities. Please call 206-323-7880 for more information.

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