



Washington State Society for
Clinical Social Work
Identity • Integrity • Diversity

March 18, 2020 Board Meeting

Present (via Zoom): Nathaniel Amos, Lara Okoloko, Chris Garrido-Philp, Sue Moreland, Katie Price, Aimee Roos (ex-officio), Brenda Bible, Betsy Strewler, Vicki Yang, Julie Hemminger, Nidhi Berry, Salomé Valencia-Bohné, Ross Artwohl, Tiffany Chhuom (non-voting WSSCSW member)

Absent: No board members absent

Introductions and Welcome:

- Review of Zoom meeting best practices
- Guidelines for voting during Board Meeting: Board members vote on amendments and board issues. Members can vote in elections
- Tabled for later: larger clarifying discussion on who can vote at board meetings and when
- Once approved by board members, these meeting minutes will be shared with WSSCSW members

Purchasing ZoomPro for Board/Organization:

- Ross and others recommend a budget amendment to add ZoomPro (\$14.99/month = \$179.88/year) to the budget.
- ZoomPro: can have 100 participants at a time, can be used by all parts of the board
- **Motion:** ZoomPro at \$14.99, using leftover funds from Board Retreat to pay; Ross motioned, Lara seconded, passed unanimously
- Place ZoomPro budget line item under Communications (moved from Retreat)
- Aimee will purchase and set up ZoomPro
- Ross suggests creating a centralized calendar to organize ZoomPro usage across the Board

Budget FY 20-21:

- Brenda's aim is to keep the budget quite lean in FY 20-21, given the current climate and anticipating tightening of budgets
- Proposed budget change from Nathaniel: cost-of-living increases for staff
 - Plan: discuss these changes at Executive Committee Meeting next month
- Discussion of FY 20-21 budget to account for the potential of ongoing social distancing, training disruptions, and economic recession
- Lara proposes postponing annual volunteer dinner, would free up money for FY 19-20
- Brenda will bring final draft of FY 20-21 budget to May's full board meeting

WSSCSW Response to COVID-19:

- Support for Medical Providers:
 - Past President, Lara Okoloko, has created a list of members available to provide support for medical providers. If you'd like to sign up, it can be found [here](#).
 - Lara will close list to new providers, share list with medical social workers (Seattle Cancer Care Alliance, Harborview, and others)

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- Legislative Updates:
 - Julie has the support she needs to continue sending Legislative Updates to the Membership regarding COVID-related decisions
- Support groups for clinicians:
 - Nathaniel will lead this and will begin next week, likely Wednesday evening at 7:00 p.m.-8:00 p.m. (not supervision, not consultation)
 - Maybe ongoing, depending on next week's meeting
 - Lara may be able to co-facilitate future groups
- Management of the mentorship group:
 - Chris let the current mentor decide whether they wanted to continue meeting (virtually) with mentees
 - Chris would like support with navigating virtual options for continuing mentor group; Salomé able and willing to help
 - Mentor stipend: was an addition when Melissa became Board President to make the program more robust and structured. Program may need to be cut down in future.
- Plan for meet-ups:
 - Salomé proposes plan to move meetings to virtual platforms until further notice
 - Salomé also presented fun ideas as meet-up possibilities (examples: virtual yoga, virtual painting!)
 - Please e-mail Salomé with your plan for moving your meeting to a virtual forum, as well as for any support you're needing with that shift.
 - Deadline to e-mail Salomé: March 29th; please also e-mail her if you'd like support in altering your meet-up plans
- Plan for Professional Development Events:
 - Moving Ethics conference on 4/24 to Zoom
 - Katie is in conversation with upcoming presenters to move their events to virtual delivery
 - Betsy spoke with the State this week and learned that CEU training approved by WSSCSW can be delivered as a webinar (one-time event per CEU application)
- Review Ross's statement in response to President Trump's HIPAA statement:
 - Ross Artwohl, our Ethics chair, sent an E-Mail with information regarding how to maintain connected to DOH Updates regarding HIPAA. Please see his E-Mail for more information there.
 - Ross will continue to monitor responses to this, plans to speak to Francis Schopick tomorrow
 - Tiffany speaking daily with HCA and DOH
- Where/how to share and record resources & who will manage that storage:
 - As we move forward, we wanted to provide you with resources to support you as you navigate Tele-Mental Health. EthTech CEO Tiffany Chhuom, MHP, MSW provided free resources in a Google Drive file folder labeled, Telemental Health. The link to the folder is [here](#).
 - Resources being consolidated on Facebook page by Salomé
 - Lara suggests consolidating information on the website (On Our Minds section), e-mails from President and in Newsletter, separate from listserv traffic



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- Some members feel there has been overwhelming information on the listserv, some are appreciating all of the information being shared
- Tiffany suggests using a platform where members can set customize settings to control how many/what kinds of updates they are getting

Future Board Agenda Items and Further Discussion Points:

- Who can vote at Board Meetings and when
- Discussion and approval of finalized FY 20-21 budget

Next full board meeting: Wednesday May 20th, 2020 7-9pm (likely via Zoom, stay tuned).

Next Executive Meeting (President, Past President / President-Elect, Secretary, Treasurer): virtually, one weekend in April, TBA

Respectfully submitted,
Betsy Strewler