



# Washington State Society for Clinical Social Work

**2009 SHORT COURSE**

## **Somatic Transformation:**

An Intensive Approach to the Treatment of Anxiety,  
Depression, Post Traumatic Stress & Addictions

**DATE**

March 14, 2009

**TIME**

9:00 AM – 6:00 pm

**LOCATION**

6172 Old Mill Rd.  
Bainbridge Is., WA 98110

**Contact:**

Sharon Stanley  
206-780-2205  
[sharon@sharonstanley.org](mailto:sharon@sharonstanley.org)  
[www.somatic-transformation.org](http://www.somatic-transformation.org)

**Mail form & check to:**

6172 Old Mill Rd.  
Bainbridge Is., WA 98110

**WSSCSW**  
**PO Box 77264**  
**Seattle, WA 98177**

[admin@wsscsww.org](mailto:admin@wsscsww.org)

**We're on the web!**  
[www.wsscsww.org](http://www.wsscsww.org)

**Instructor: Sharon A. Stanley, Ph.D.**

**Course Fee:** WSSCSW Members \$175

New Professionals \$150

Students \$125

Non-members \$200

**Continuing Education Credits:** 8 hours CE

Somatic transformation is an innovative mind/body approach to treatment which has introduced new possibilities for the management of anxiety, depression, and addictive behaviors. As a neurobiological model, somatic transformation offers a research base to understand how acute and chronic stress and trauma can cause changes in the brain and autonomic nervous system and create disturbed physical, emotional and cognitive health. These changes in turn can set up conditioned reflexive responses to certain situations or stimuli. With access to the neurobiological structures of trauma, stress, and addiction, innate instincts for healing emerge and can be processed into new and significant meaning for life.

**Sharon Stanley, Ph.D.**, a psychotherapeutic trauma specialist, educator, and consultant with over 30 years of international experience with individuals and health care professionals working to transform the effects of physical, emotional, mental and spiritual trauma. In her career, Dr. Stanley has combined a private practice of psychotherapy with university graduate level instruction in neurobiological and somatic approach to trauma organization, Dr. Stanley developed curriculum and taught somatic psychotherapy to First Nations and other professionals in Canada, psychiatrists and psychologists in Israel, and professionals throughout the United States.

***Please return with your payment:***

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